

## How does it work?

The HIFU treatment works by penetrating the skin with ultrasound energy to stimulate collagen production in the deep dermal and subdermal levels, resulting in controlled injury to that tissue. As the tissue heals, it increases collagen. As these collagen fibers organize and shorten, a tightening effect is seen in the skin. The treatment tightens the muscle layer as well as tightens the skin and boost collagen.



#### (HIFU) and Why is it used

- HIFU is the only non-invasive treatment cleared by the FDA to actually lift skin
- HIFU is also the only cosmetic procedure to use ultrasound imaging, which allows practitioners to see the layers of tissue targeted during the treatment to ensure the energy is deposited to where it will be most beneficial
- Targets deep layers in the skin, it boosts new collagen production and collagen regeneration right at the source
- It is sometime called the 'Lunchtime Face Lift' as the treatment is quick, very tolerable
- High intensity focused ultrasound can produce small, microthermal lesions at precise depths in the dermis up to the fibromuscular layer, causing thermally induced contraction of collagen and tissue.

# **Frequently Asked Questions**

### How many treatments will I need?

Treatment will vary from individual to individual according to requirements. A course of 3-5 treatments delivered 4-6 weeks apart may be required to achieve the full effect.

Clients may witness some initial effect of tightening and firming, but ultimately lifting and firming will take place over approximately 3 months, as collagen is renewed and replaced with new, stronger collagen. As this collagen building process continues, continued improvements can appear for up to 6 months.

# Are the results permanent?

Regardless of the service you choose, to continue to maintain good skin-quality, it is required to engage in a continuing skin regimen. Results should last at least 12-24 months. A good at home and in office regime will prolong the longevity of the results and also slow down aging processes in general. Single maintenance treatments may be required at 12 month intervals to preserve the initial effect.

#### **Does the Treatment Hurt?**

Most people do not report pain. There can be slight "zing" over bony areas or a warm sensation in the skin during treatment. No numbing is required.

# How long does it take and is there downtime?

The procedure takes about 30-60 minutes and has no downtime for most patients.

# Who is a good candidate?

Lift by Skin Sheek is a suitable procedure for anyone of any age. It is safe for all skin types as well. Great for maintenance and advanced aging cases. If sagging skin is severe, several rounds of treatment may be required.

#### Results

**Before** 

After





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**Our Office is Proud to** offer Lift by Skin Sheek





After 2nd treatment

#### Lift by Skin Sheek Quickly and **Effectively Does the Following:**

- Improves skin tone
- Tightens and smooths skin (nasolabial folds, crows feet etc)
- · Reduces pores
- · Reduces double chin
- Lifts brows, jowls, midface and neck
- Reduces turkey neck
- Tightens skin and crepey skin on body
- · Cellulite reduction
- · Smoothes stubborn fat areas or loose skin on stomach, hips, buttocks, thighs, knees, arms